When the Women Were Drummers

Join us in celebrating the pulsating power of women's drumming! Saturday, October 24 and Sunday, October 25, 2015 At the Jarbidge Canyon Retreat Center



- Saturday: *Make your own Native American Handheld Hoop Drum* under the instruction of *Judy Rhodes* in the art studio at JCRC.
- Sunday: *Learn about the nature of Dreams* and dream interpretation enriched and deepened with the aid of the drums, facilitated by *Polly Peterson.*
- Saturday & Sunday: *Drum,* with Mother Drum (*Travelin'* Gal), hand drums and rattles led by Drum Keeper, *Jeanene Hafen*

This Fall, give yourself the gift of a truly inspiring weekend of nature, healing, self-expression and rhythm! We will make our own drums, explore our dreams accompanied by the drumbeat, and claim our freedom to tap into our own unique ecstasy—the ecstasy of the primal rhythms of the Deep Feminine! Wild and stunning Jarbidge Canyon will provide the backdrop for our drumming retreat—as we discover that all of Creation is an active partner in our process!

If you choose not to make a drum, you will be able to enjoy a solo retreat along the beautiful Jarbidge River immersed in the colors of Fall during that time. Feel free to discuss this option with host, Beverly deGero.

"Heidegger said, 'A person is not a thing or a process, but an opening through which the Absolute can manifest.'
That's why drumming is so wonderful... It makes room within, because it turns off the mind; it alters brain waves, getting you... to an alpha state and maybe even to a delta state, where you can really let go."

—Barbara Borden, percussionist

When The Women Were Drummers (nod to Layne Redmond) will be limited to 15 spirited women so reserve your space early! Your investment in the weekend: \$105 Drum Materials (Optional: if you are making a drum)

(Note: your new drum will need to cure for 3 days & cannot be used during the event.) \$130 Programs Facilitation, Saturday lunch and Facility (Early bird rate before September 1st, \$175 after)



To reserve your place: www.JarbidgeCanyonRetreatCenter.com (Select Events)

Questions or concerns? Contact Beverly deGero at the

Jarbidge Canyon Retreat Center: An Earth & Art Institute
800/324-7040 ◆ email: Beverly@JarbidgeCanyonRetreatCenter.com

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Programs & Facilitators



Making Your Own Drum: On Saturday, we will construct our drums under Judy's direction beginning with a ceremony to bless and smudge the materials. The drums will be 15 inch round single-sided with maple frames and unbleached elk rawhide faces. We will also make



One of Judy's drums

drum beaters. All materials included. Plan on 5-6 hours to complete your drum & beater. Lunch on Saturday, will be provided as part of the event.

Judy Rhodes made her first drum in Idaho in 1991 and began teaching soon after as requests poured in. Since then more than 1,000 drums have been made in her classes! One of her students has become a renowned drum teacher in Arizona. Judy's interesting story about becoming a drum making teacher will be shared with the group during the event.

Dream Workshop: On Sunday, we will be learning about the nature of dreams and dream interpretations—a process enriched & deepened with the aid of drums.

Polly A. Peterson, Ph.D., CRC is a transpersonal psychotherapist with a private practice in Boise, Idaho. She is a trained shaman with extensive experience in shamanism and advanced training in dream interpretation under Robert Moss, author & creator of Active Dreaming, an original synthesis of dream work and shamanism. Polly is the author of Breaking Through . . . Alternative Pathways to Healing.





Drum: On Saturday & Sunday, we will learn about sitting at a Native Mother Drum and experience the healing power of drumming in unison with a group. Hand drums and rattles are welcome when not sitting at the Mother Drum. (Note: your new drum will need to dry & cure for three days so it cannot be used during the event.)

Jeanene Hafen is a Drum Keeper who has been sitting at a Native drum since 2000 and a Drum Keeper since 2004. Her Drum Elders are in the Lakota tradition and her teachings come from that lineage. Her drum, Travelin' Gal is a coed community drum, singing for healing in our communities. Jeanene is also an energy worker who uses plants as helpers.

Nature, Beauty & Your Place Within: As time permits, you will experience your place within the seasons, cycles and rhythms of Nature, guided by the WolfWoman.

Beverly deGero is a photographer, writer & clay artist specializing in nature subjects. Her work is an expression of the connection between nature and spirituality. She signs her work with her Native American name: WolfWoman or simply WW. She has lived more than 20 years in this remote high mountain canyon in Nevada where she is building the Jarbidge Canyon Retreat Center: An Earth & Art Institute. Bev has been retreating and using the creative process as a lifelong psycho-spiritual practice. She enjoys introducing others to this ancient and powerful Inner Journey and its profound benefits.

